

Annual Report - Russian Federation

This year is the first time that the number of Russian EHPS membership reached 5 members. Unfortunately we live in different towns: ranging from Saint-Petersburg to Krasnojarsk (Siberia).

Still. However, we participated in writing a monograph "Health psychology" which is planned to be printed by the Psychological Institution in Moscow. In our article "European approaches to analysis of health psychology" we have tried to describe the EHPS mission and different theories used by members in the European health psychology network.

Also, we have recently finished a three year project focused in child health. The project

involved working with **Elena Nikolaeva** kindergarten's personnel, *Herzen's State Pedagogical University* parents and children for to identify the key factors in the maintenance children's health. We have prepared a training program for the personnel, lectures and seminars for parents and a program of children's training in health psychology. We have prepared this material to be printed as a book.

Finally, we have endeavored to initiate a Master program in Health psychology in English, but did not succeed this time. Instead, we are in the midst of preparing advanced training in English in "Evolutionary and Anthropological Background of Health Psychology" (36 hours).



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