

## EHPS Annual National Delegate Report 2016

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**Country:** Czech Republic

**National Delegate:** Renata Hacklova

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### **Conferences and special events**

Traditionally and annually, the Czech Health Psychology Section held the Annual National Section Conference in Vernířovice. Beside the participation of more than 40 Czech members and supporters, colleagues from Slovenia, Poland and the UK have also taken part in this event. The conference is an open platform and a unique opportunity to share new ideas, directions and challenges in the field for psychologists all over the country.

In April 2015, the team of psychologists around B. Hátlová organized the 6th International Conference of Psychomotoricity in Ústí nad Labem.

Information on working opportunities abroad, lists for applicants, offerings of pregraduate and/or postgraduate programs are available to all members in the Journal of CMPS, printed quarterly and via the ČMPS web-page.

### **Research**

B. Hatlová with colleagues from Jan E. Purkyně University in Ústí nad Labem Dept. of psychology have been successfully participating in the international Czech-Norwegian Research Program named PsychPat in the period 2014 – 2017. The research investigates psychomotor activity in psychiatric patients in relation to their personal experiences and positive and negative feedback of social relations. Since 2015, nearly 10 scientific papers and chapters have been published in a monograph (one example being Psychomotor therapy and Physical Self-Concept) which was published in 2015 in Ústí nad Labem. The leader of the team, health psychologist B. Hatlová, actively took part in the 29th Conference EHPS Limmasole 2015 where she presented the Psychomotor programmes in the treatment of schizophrenic patients.

Several projects related to health psychology started last year and continue to run. Continuing Psychosocial aspects of the Quality of life are investigated through interdisciplinary cooperation at the Charles University, with more than 40 professionals being involved. The team around V. Kebza has still been working on a longitudinal study of predictors of generativity in the middle-aged population of the Czech Republic. Another project, directed by J. Mareš and sponsored by the Ministry of Health, addressed institutional health care of people according to their individual differences and characteristics. Special attention is paid to the specific life periods of transition such as pregnancy and motherhood, ageing and also to ethical issues of the Czech health care system in connection to the risks of giving health information and advice via electronics media.

There is also the unfolding project “Improvement and support of psychological science“ focusing mainly on the strategy for the improvement of some cross-institutional areas in theory and empirical research. Four priority areas such as theoretical psychology, clinical psychology, prevention of risk behaviour and counselling are emphasised.

More than some other faculties, the three faculties of Health and Social Studies (located in Bohemian-Western University in Plzeň, Bohemian-South University in České Budějovice and Jan E. Purkyně University in Ústí nad Labem) primarily focus on applied research concerning psychosocial determinants of health, public health, prevention, epidemiology, informational systems and the intersection between law and public health. Recently, the coordination of the development of e-learning education in public health across these non-medical Czech faculties of Health has been realized.

Several interdisciplinary and internationally coordinated projects are being continued; they include adapting European health systems to diversity, mapping problems with drug abuses binding/coupled with social exclusion, integration and dealing with minorities, the improvement of local cooperation and networks in health innovation, working on a virtual personal assistant for compensating disorders in the ageing population etc.