

Main activities

Following last years' activities on the issue, the European Certificate in Psychology (Europsy), Clinical and Health Psychology Division's co-ordinators keep working in collaboration with the Board of HPS and the Association of Greek Psychologists and the Application for Greece to start the procedures for delivering the Certificate was sent to EFPA.

The Department of Psychology of the University of Crete received a grant of 250.000 € for investigating the long term adjustment of patients with auto-immune diseases. The grant was given in the context of the "Aristeia" Programme of the Greek Ministry of Education for supporting the excellent research activities.

The following research grants have been appointed at the Nursing School of the National and Kapodistrian University of Athens (Special Research Account) for the period 2012-14:

Hatzoulis, M. & Paschali, A.: Burnout syndrome and its relation to empathy and emotional regulation in a sample of health care professionals.

Paschali, A. & Hatzoulis, M. The representations of illness and the ways of coping with illness, in a sample of cancer patients and their physicians: a dyadic relationship.

Conferences

There is no doubt that the major event for this year was the organisation of the anniversary 25th EHPS Annual Conference. The conference was organised by the University of Crete in collaboration with the Clinical and Health Psychology Division of the Hellenic Psychological Association and took place September 20-24, 2011, at Hersonisos, Crete. It was considered as a very successful event. During the conference, there were organised: 4 keynote lectures; 3 debates; 27 symposia; 37 oral sessions; 97 poster sessions, each included 8-12 posters; 4 pre-conference full day workshops. Additionally, the regular activities (SYNERGY & CREATE workshops, as well as the "Meet the expert" event) took place. More than 1.000 delegates attended its program. Conference success was certified by delegates' evaluation (see http://www.ehps.net/ehp/issues/2011/v13iss4_December2011.htm for details).

Selected Health Psychology Publications

Paschali AA., Mitsopoulou E., Tsaggarakis V. & Karademas EC. (2012). Changes in Health Perceptions after Exposure to Human Suffering: Using Discrete Emotions to Understand Underlying Processes. PLoS ONE 7(4): e35854. 0035854, 1-

Stathopoulou H., Paschali A., Karanikola M., Poulios A., Grozou A., Katopodi A. & Tountas Y. (2011). Self-management of type 2 diabetes: self-efficacy beliefs and self care behaviors. Psychology and Health. (26, Suppl. 2), 73-253.

Paschali, A. & Tsitsas, G. (2010). Stress and Life Satisfaction among University Students. Annals of General Psychiatry, 9(Suppl. 1):S96